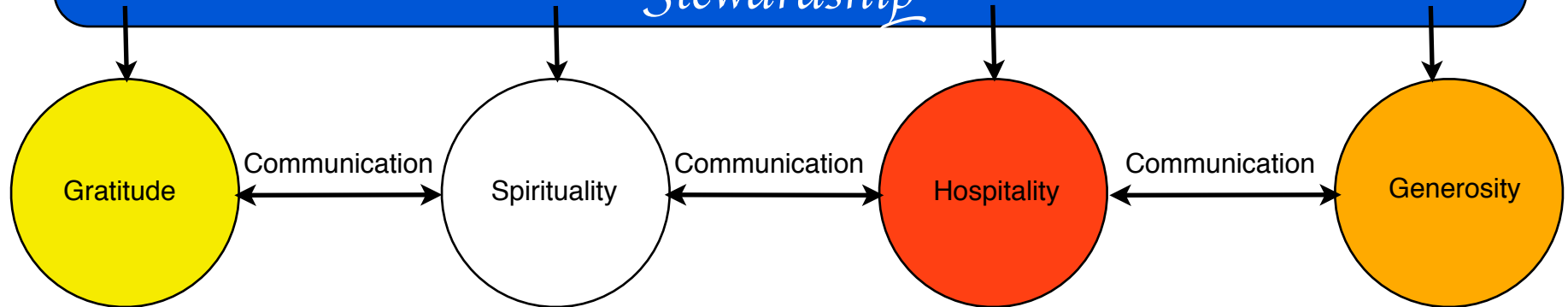


Our Lady of Mt. Carmel

Stewardship



Do *This* in Memory of Me

Church Mission: "Go therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of time."

Sports Ministry Mission: It is the mission of the OLMC Athletic Department to provide a Catholic sports environment for physical, mental, and spiritual growth of OLMC parishioners.

Through the vehicles of athletics, camp programs and enrichment activities, CYO provides youth with opportunities to develop morally, spiritually, mentally, physically and socially.

Our Lady of Mt. Carmel

Coach's Challenge



Each OLMC Coach is being challenged to participate in our Parish Stewardship Initiative. True stewardship teaches us to fully participate in our Parish and helps guide us on our journey to become Holy. Every coach that completes this challenge will be rewarded with new Coach's shirt!

Develop
Spirituality

Pray

spirituality: Romans 12:10-12
Be devoted to one another in brotherly love. Honor one another about yourself. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer.

Cultivate
Gratitude

Believe

gratitude: Colossians 3:15,17
Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Improve
Hospitality

Live

hospitality: Romans 12:12-14
Be joyful in hope, patient in affliction, faithful in prayer. Share with God's people who are in need. Practice hospitality.

Increase
Generosity

Act

generosity: 2 Corinthians 9:11
You will be made rich in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.

Develop
Spirituality

New Idea

Cultivate
Gratitude

New Idea

Improve
Hospitality

New Idea

Increase
Generosity

New Idea



Coaching Expectations and Requirements

Coaches are first and foremost educators, and must work in coordination with the parents who are the primary educators of children. At all times, coaches must be examples of Christ the Teacher who serve as role models for student-athletes to emulate. They must be messengers of the Parish mission and ensure that athletic programs embody the Catholic characteristics prevalent at Our Lady of Mt. Carmel.

Goal Setting

When working with OLMC student-athletes, a successful coach will work towards goals in the following three dimensions: team, personal, and Parish.

Team Goals

Our Lady of Mt. Carmel coaches build a team by:

1. Advancing the athletes' understanding of their role as members of the communal body of Christ.
2. Creating a positive and memorable experience that will be cherished by the student-athlete for the rest of his/her life.
3. Teaching the specific and unique skills of this sport to the very best of his/her abilities by using all means, methods, and resources available.
4. Teaching the skills of healthy competition that will prepare athletes and the team to succeed.

Personal Goals

Our Lady of Mt. Carmel coaches grow as individuals by:

1. Modeling character, sportsmanship, self-discipline, and a lived faith.
2. Appreciating the moments of grace throughout a season, at times of winning and losing.
3. Becoming a lifelong learner of their sport.
4. Maintaining perspective in and throughout all athletic endeavors, realizing teachable moments exist in all experiences.
5. Fostering positive relationships with all parish community stakeholders.

Parish and Educational Goals

Our Lady of Mt. Carmel coaches contribute to the parish community by:

1. Infusing the parish mission in all athletic activities.
2. Promoting academic excellence as an essential component in the development of student-athletes.
3. Committing to effective communication with administrators, parents, and athletes.
4. Supporting the development of student-athletes as leaders and role models in the greater parish community.
5. Creating a culture of school unity and spirit as exemplified through sportsmanship, positive fan participation, and respect for all.

Conduct of Coaches

Coaches are called to be models and witnesses to their faith each day and as such, coaches are expected to uphold high standards of conduct in and out of season.

Language

Language should be appropriate and constructive at all times. Coaches are expected to not only monitor their own language, but they should also set and enforce standards of appropriate language for their athletes. This includes, but is not limited to swearing, harassment, exclusionary language, sexual innuendo, personal attacks, and unsportsmanlike gestures.

Treatment of Opponents

Although opponents are not a part of our school/Parish community, they are members of the larger body of Christ and should be treated as such. Coaches should model such respect for their athletes and should instruct players on how to welcome their opponents and all visitors in a way that conveys a sense of hospitality and community.

Prayer

Athletic experiences play an important role in the spiritual formation of participants at OLMC. Genuine and lasting spiritual development is only possible through careful and conscientious preparation by those in leadership positions. Coaches, as team leaders, are chosen not just to be mentors and role models for student-athletes, but also to be witnesses. Prayer should become an intentional component to a team's culture, not just a rushed event before or after a game or practice. Rather than emphasizing winning, prayers should focus on embodying the spirit of Christianity. Coaches are encouraged to build and create spiritual traditions into their approach to coaching at Our Lady of Mt. Carmel.

Holding Tryouts

In a Catholic community, it is essential to demonstrate respect for all members of the parish community. During an OLMC try-out, no parent should evaluate their own son/daughter. OLMC will work with sport commissioners to find evaluators that have no personal stake in the outcome of the evaluation. Team placements will be held in accordance to the CYO or In-house structure.

Coaching Duties

In addition to serving as witnesses and models of faith, OLMC coaches are expected to fulfill the following duties:

- > Plan out practices and games
- Supervise athletes at all times until they are picked up from practices/games
- Instruct properly on what to do and what not to do
- Condition athletes properly
- Assess athletes' readiness for practice & competition
- Maintain safe playing conditions
- Ensure cleanliness of facilities
- Provide proper equipment
- Communicate practice and game schedule to athletes and parents
- Select, train, and supervise assistant coaches

Communication with Athletes and Parents

Our Lady of Mt. Carmel coaches should establish clear procedures and guidelines for communication with athletes and parents that align with the philosophy and mission of OLMC athletics. E-mail should be used only to communicate basic information, such as time and location of games and practices. Discussions of concerns should always be done in person. If a face-to-face meeting is not possible, a phone call is acceptable. Before meetings, establish clear agendas and communicate that certain topics will not be discussed. Coaches do not have to discuss playing time, coaching strategies and specific plays, or information pertaining to other athletes.

Awards and Recognition

Our Lady of Mt. Carmel Athletics recognizes athletic achievement in a variety of ways. CYO team and Individual awards are given in accordance to CYO standards. In-house league and camp participants also receive certificates, trophies, and a variety of other awards. The OLMC Athletic Department hosts an annual sports banquet at the conclusion of the spring season for all 8th grade sports families. 8th grade athletes are also eligible to receive the Michael Shroeder, Rick Meyer, and athlete of the year award. Recognition of athletes, however, should be utilized throughout the season as a means of personal athlete formation and team-building. Particular recognition of athletes should embody the goals and philosophies of the athletic department and program, not only physical talent. Some areas of recognition may include one's sportsmanship, and Catholic nature/spirituality.